



## Confused about what to do?

### A Letter from Dr. Kit Young Hoon, Medical Officer of Health

Schools are back in session and already our region has experienced school-related cases of COVID-19. It's a stressful time, and instructions seem to be changing quickly as information evolves.

Most recently, the School Screening tool has been updated to help parents figure out whether their children should attend school or child care, need to consult a health care provider, or get tested for COVID-19.

Your obligation as a parent is to complete the [daily screen](#) and follow the instructions given.

The first set of questions asks about the following symptoms:

- Fever and/or chills
- Cough
- Shortness of breath
- Decrease or loss of taste or smell

Unless they are related to chronic conditions or known causes or conditions, students and children with any of these symptoms will be advised to stay home until they are able to consult with a health care provider and receive an alternative diagnosis or a negative COVID-19 test.

The second set of questions asks about other symptoms that are commonly associated with other illnesses:

- Sore throat
- Stuffy nose and/or runny notes
- Headache
- Nausea, vomiting and/or diarrhea
- Fatigue, lethargy, muscle aches or malaise

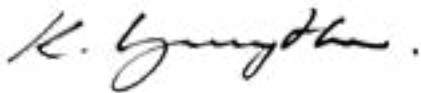
Students and children with only one of these symptoms will be advised to stay home and can return to school or child care if their symptoms are improving after 24 hours.

Students and children whose symptom gets worse, or with two or more of these symptoms will be advised to stay home until they are able to consult with a health care provider and receive an alternative diagnosis or a negative COVID-19 test.

Be assured, we are going through this together and we will figure things out. What is most important is protecting the health and safety of everyone in the school setting.

We recognize this is an inconvenience and very disruptive to our daily schedules, but we need this type of vigilance and support right now to keep our communities free from COVID-19. Please see our "[What to do when a student is unwell](#)" and "[Parent Q&A](#)" for more information, as well as the [Ministry of Health Screening Tool FAQ](#).

Sincerely,

A handwritten signature in black ink, appearing to read "K. Young Hoon", with a period at the end.

Dr. Kit Young Hoon