



# BE WISE. BE WELL.

YOUTH CONFERENCE FOR GRADE 9, 10 & 11 STUDENTS

**MAY 15, 2018**  
**FORT FRANCES HIGH SCHOOL**  
**10:00 AM—2:00 PM**

## FEATURED KEYNOTE



### **DR. GREG WELLS**

As a scientist, broadcaster, author, coach and athlete, Dr. Greg Wells has dedicated his career to understanding human performance and how the human body responds to extreme conditions. Throughout his career, Dr. Wells has coached, trained and inspired dozens of elite athletes to win medals at World Championships, the Commonwealth Games and the Olympics.

***PLUS ADDITIONAL SESSIONS ON WELLNESS!***

To register, visit your school website under the "News" section.  
Space is limited.